COUNTRY - SPECIFIC INTERNSHIP RULES
CANADA

TYPE OF ELIGIBLE INTERNSHIP:
CURRICULAR and EXTRACURRICULAR

PERMITS/VISAS:
Study and work permit required

N.D. PAID (extracurricular) or UNPAID (only compulsory)
TYPE OF ELIGIBLE INTERNSHIP:
CURRICULAR (only)

PERMITS/VISAS:
Temporary Vitem IV required

Up to 24 months
Unpaid

BRAZIL
U.S.A.

Type of Eligible Internship:
- Curricular
- Extracurricular

But to be activated no later than 12 months after graduation.

Permits/Visas:
- J-1 Visa or H-3

Paid or Unpaid
Up to 12 months
AUSTRIA

TYPE OF ELIGIBLE INTERNSHIP:
- CURRICULAR
  - berufspratikum (COMPULSORY)
  - volontariat (NON COMPULSORY)
- EXTRACURRICULAR
  (Trainee-Programm)

PERMITS/VISAS:
- EU/EEA CITIZENS: For a period shorter than 12 months no visa/permit required
- NON EU/EEA CITIZENS: Work permit required

2 - 24 months till 12 months after graduation
- UNPAID (berufspratikum/volontariat”)
- PAID (Trainee-Programm)
PERMITS/VISAS:

1 - 6 months
- UNPAID (compulsory)
- PAID (non compulsory and extracurricular, minimum wage)

TYPE OF ELIGIBLE INTERNSHIP:
curricular and extracurricular

PERMITS/Visas:
- EU/EEA CITIZENS: Work permit not required
- NON EU/EEA CITIZENS: Work permit required; for a period greater than 90 days visa required (Temporary residency)
TYPE OF ELIGIBLE INTERNSHIP:
• CURRICULAR ("Praktik")
• EXTRACURRICULAR

PERMITS/VISAS:
• EU/EEA CITIZENS: not required for a stay of up to 90 working days
• NON EU/EEA CITIZENS: Residence permit required

Up to 24 months generally PAID: at least the equivalent of the current Danish state student grant rate of DKK 5,753 per month
if UNPAID: a document to prove adequate means at the intern’s disposal, corresponding to the Danish state student grant ("SU") rate of DKK 5,753 per month (it can be a bank statement or documentation for student grant or scholarship) is required
FINLAND

TYPE OF ELIGIBLE INTERNSHIP:
• CURRICULAR and COMPULSORY ("oppsopimus")
• EXTRACURRICULAR

PERMITS/VISAS:
• EU/EEA CITIZENS: not required unless for paid internships
• NON EU/EEA CITIZENS: Residence permit required for internships lasting more than 90 days

12 - 18 months
Generally PAID (500-1000 euro/month)
PERMITS/Visas:
- EU/EEA Citizens: No visa required
- Non EU/EEA Citizens: For a period greater than 90 days visa required (Long Stay Visa for Internship)

Type of Eligible Internship:
- Curricular only

France:
- 6 months max
- Paid
  All internships of 2 months or longer include minimum pay of €554.40 per month
GERMANY

TYPE OF ELIGIBLE INTERNSHIP:
- CURRICULAR
- EXTRACURRICULAR

PERMITS/ VISAS:
- EU/EEA CITIZENS-STUDENTS: permission from ZAV (International Placement Services) and exemption from the work permit requirement not required
- GRADUATES: work permit required
- NON EU/EEA CITIZENS-STUDENTS: apply to ZAV for a confirmation that they are exempted from the work permit requirement
- GRADUATES: work permit required

2 -12 months PAID if longer than 3 months and/or extracurricular
NETHERLAND

**TYPE OF ELIGIBLE INTERNSHIP:**
Only CURRICULAR

**PERMITS/Visas:**
- EU/EEA CITIZENS: No visa required
- NON EU/EEA CITIZENS: TWV (work permit) must be required by the employer (excepted if exchange student in Netherlands with a study permit) and if winner of Erasmus+ for Traineeship grant

3 - 9 months Generally PAID
NORWAY

TYPE OF ELIGIBLE INTERNSHIP:
• CURRICULAR
• EXTRACURRICULAR

PERMITS/ VISAS:
• EU/EEA CITIZENS: For a period greater than 90 days you must register; registration is free and requires you to have a job in Norway.
• NON EU/EEA CITIZENS: CURRICULAR: for Vocational Training EXTRACURRICULAR

2 weeks - 24 months
UNPAID ("praxis/internship")
PAID ("trainee program")
PORTUGAL

3 - 12 months PAID (excepted if less 4 months)

TYPE OF ELIGIBLE INTERNSHIP:
- CURRICULAR
- EXTRACURRICULAR

PERMITS/VISAS:
- EU/EEA CITIZENS: No visa required
- NON EU/EEA CITIZENS: For a period greater than 90 days visa required (LONG STAY VISA FOR INTERNSHIP)

For longer periods, you must obtain a residence visa.
SPAIN

3 - 24 months

- PAID: extracurricular
- UNPAID: curricular

TYPE OF ELIGIBLE INTERNSHIP:
“Part-time”
- CURRICULAR
- EXTRACURRICULAR

PERMITS/ VISAS:
- EU/EEA CITIZENS: No visa required
- NON EU/EEA CITIZENS: For a period greater than 90 days visa required (Student visa for STUDENTS, Work and Resident’s visa for GRADUATES)
SWEDEN

TYPE OF ELIGIBLE INTERNSHIP:
- CURRICULAR
- EXTRACURRICULAR

PERMITS/VISAS:
- EU/EEA CITIZENS: Visa not required. For a period greater than 90 days you must have a residence permit
- NON EU/EEA CITIZENS: For a period greater than 90 days you must have a work and residence permit

2 - 12 months
PAID/UNPAID: Unpaid internships are standard if curricular
SWITZERLAND

TYPE OF ELIGIBLE INTERNSHIP:
- CURRICULAR
- EXTRACURRICULAR

PERMITS/VISAS:
All interns need a VISA irrespective of their nationality. A support letter by the HO can be useful. Interns need to contact the Swiss Embassy in their country about the type of VISA required.
UNITED KINGDOM

Up to 12 months (and within 12 months from graduation)

• PAID (extracurricular)
• UNPAID (curricular)

TYPE OF ELIGIBLE INTERNSHIP:
• CURRICULAR
• EXTRACURRICULAR

PERMITS/ VISAS:
• EU/EEA CITIZENS: For a period greater than 90 days Tier 5 Visa required
• NON EU/EEA CITIZENS: Tier 5 Visa required: valid for up to 6 months and requires proof of your internship as well as bank statements to confirm that you will be able to support yourself
PERMITS/VISAS:
- Short-stay: for less than 3 months
- Long-stay: for more than 3 months

TYPE OF ELIGIBLE INTERNSHIP:
- CURRICULAR (enrolled in a Russian University)

FOR RUSSIA:
- 3 months generally
- PAID/UNPAID
AUSTRALIA

PERMITS/VISAS:
- Up to 24 months after graduations
- UNPAID: vocational placement
- PAID: internship

TYPE OF ELIGIBLE INTERNSHIP:
- CURRICULAR
  Compulsory vocational placement
- EXTRACURRICULAR
  Curricular non compulsory and extracurricular internship (the intern can only learn and cannot perform the workout a paid employee)

PERMITS/VISAS:
402 Training and Research Visa
(Occupational Trainee stream)
CHINA

PERMITS/VISAS:

MAX 6 MONTHS
PAID/UNPAID

TYPE OF ELIGIBLE INTERNSHIP:
- CURRICULAR (and only enrolled in a Chinese university officially)

PERMITS/ VISAS:
Still unclear topic; however:
- UNPAID INTERNSHIP:
  Student X2
- PAID INTERNSHIP:
  M Visa / Work VISA / Student X1
If you have a X1 VISA (Residence certificate for study) you only need approval from the School and from Ministry of Public Security to carry your internship off Campus
PERMITS/VISAS:
1 months – 1 year
PAID/UNPAID

TYPE OF ELIGIBLE INTERNSHIP:
- CURRICULAR
- EXTRACURRICULAR

NON WORKING VISA:
- TRAINEE: Training to learn and acquire technology, skills or knowledge at public or private organizations in Japan. This status is granted only if the candidate is to engage in a job requiring the technology, skills or knowledge obtained in Japan after returning to the home country.
- TECHNICAL INTERNSHIP: Internship after training under trainee visa
PERMITS/VISAS:

- N.D. • PAID (living expenses, flight, and/or accommodation)
- UNPAID

TYPE OF ELIGIBLE INTERNSHIP:

- CURRICULAR
- EXTRACURRICULAR

PERMITS/VISAS:

- UNPAID INTERNSHIP: Entry Visa (X Visa) + offer letter stating the terms of your internship position is needed + (If the internship is curricular a letter from the university)
- PAID INTERNSHIP: Employment Visa + employment contract and a proof from the employer that no suitable Indian national could be found to fill the position
SINGAPORE

TYPE OF ELIGIBLE INTERNSHIP:
- CURRICULAR
- EXTRACURRICULAR

PERMITS/VISAS:
Training Employment Pass or Training Work Permit required

N.D.  PAID/UNPAID
PERMITS/VISAS:
All foreigners entering must have a visa. From the Turkish embassy before travelling usually the employer will arrange the visa.

TYPE OF ELIGIBLE INTERNSHIP:
- CURRICULAR
- EXTRACURRICULAR

N.D. Usually UNPAID
PERMITS/VISAS:
A visa is required, but it needs to be put in place by the employer. For the visa application is a need to have a for at least six months valid passport (when leaving).

TYPE OF ELIGIBLE INTERNSHIP:
- CURRICULAR
- EXTRACURRICULAR

3 – 12 months
PAID/UNPAID
PERMITS/VISAS:
N.D. PAID and UNPAID

TYPE OF ELIGIBLE INTERNSHIP:
• CURRICULAR

SAUDI ARABIA

PERMITS/VISAS:
Work visa, or a resident permit (Iqama) to be made at the Saudi embassy or consulate in your home country, or a multiple-entry business visa which has a 3 months validity (however, you will be required to leave the country every 30 days)
ISRAEL

PERMITS/VISAS:
5 to 10 months; at least 15 hours per week
Mostly Unpaid or Paid less than National Minimum Wage

TYPE OF ELIGIBLE INTERNSHIP:
- CURRICULAR
- EXTRACURRICULAR

It is the participant’s sole responsibility to secure the appropriate visa through the local Israeli embassy/consulate in your home country.
POLAND

PERMITS/VISAS:
- Polished: work permit not required within 12 months from graduation for maximum 6 months. Internship Agreement not required.
- PAID
- UNPAID

TYPE OF ELIGIBLE INTERNSHIP:
- CURRICULAR
- EXTRACURRICULAR

PERMITS/VISAS:
- EU CITIZENS: work permit not required;
- EEA CITIZENS: work permit required except in case of compulsory internship
BULGARIA

- short term (max 3 months)
- long term
Internship Agreement required in both cases

Some companies offer remunerated internships according to their policy. In the case of long term internships, according to an agreement between respective parties, social contributions are to be made either by the State or the company, or by the company and the trainee. In all cases, you are advised to subscribe to a health insurance which will cover any accident at work.

TYPE OF ELIGIBLE INTERNSHIP:
- CURRICULAR
- EXTRACURRICULAR

PERMITS/ VISAS:
short-term internships do no require neither a work permit nor a resident permit. In the case of long-term internships, candidates have to apply for a residence certificate before proceeding.
CYPRUS

N.D.
- Curricular: paid (normally summer placements)
- unpaid

TYPE OF ELIGIBLE INTERNSHIP:
- CURRICULAR
- EXTRACURRICULAR

PERMITS/VISAS:
not required for visitors to Cyprus from a list of 58 countries where mutual agreements are in place for up to a maximum stay of 90 days. Also, visas are not required for citizens of the European Union, although students who wish to study or work in Cyprus should acquire the relevant permit from the Civil Archive and Migration Department.
PERMITS/VISAS:
6 to 9 months Paid, National Minimum Wage or higher

TYPE OF ELIGIBLE INTERNSHIP:
Curricular and compulsory (full-time students, enrolled in a third level institution outside the State, for the purpose of gaining work experience)

PERMITS/VISAS:
Internship Employment Permit (MAX 12 MONTHS, NON RENEWABLE)
LITHUANIA

PERMITS/VISAS:
- EU CITIZENS: non required for a period shorter than 90 days; between 90 and 180 days registration to the Office of Citizenship and Migration Affairs
- EEA CITIZENS: work permit required

TYPE OF ELIGIBLE INTERNSHIP:
- CURRICULAR
- EXTRACURRICULAR

N.D.
- Paid
- Unpaid
LATVIA

PERMITS/VISAS:
- N.D. • Paid • Unpaid

TYPE OF ELIGIBLE INTERNSHIP:
- CURRICULAR
- EXTRACURRICULAR

PERMITS/VISAS:
- EU CITIZENS: non required for a period shorter than 90 days; between 90 and 180 days registration to the Office of Citizenship and Migration Affairs
- EEA CITIZENS: check with the Latvian embassy in the country where you’re currently living
PERMITS/VISAS:
- EU CITIZENS: non required for a period shorter than 90 days; between 90 and 180 days registration to the Office of Citizenship and Migration Affairs
- EEA CITIZENS: check with the Latvian embassy in the country where you’re currently living

TYPE OF ELIGIBLE INTERNSHIP:
- CURRICULAR
- EXTRACURRICULAR

LUXEMBOURG

3-12 months

- PAID: non mandatory payment; no minimum or maximum amount; taxable as a stipend (only after first 6 months); social security to be paid by the intern;
- UNPAID: social security to be paid by the host organization; medical coverage to be paid by the intern
CZECH REPUBLIC

PERMITS/ VISAS:

CZECH REPUBLIC

N.D.

- PAID
- UNPAID

A salary should be agreed with the host organization before the start; you should also consult with the company about your tax situation, if the company will pay income tax or social security tax including health and benefits

TYPE OF ELIGIBLE INTERNSHIP:

- CURRICULAR
- EXTRACURRICULAR

PERMITS/ VISAS:

- EU CITIZENS: no visa required
- EEA CITIZENS: no visa required
- USA CITIZENS: no visa required for USA citizens for max 90 days; rest of the world will need to apply for a visa
MEXICO

TYPE OF ELIGIBLE INTERNSHIP:
- CURRICULAR
- EXTRACURRICULAR

PERMITS/VISAS:
- permit non required for less than 6 months;
- Requirements for an entry visa are only a valid passport at the time of entry and a Mexican Tourist Card, which is filled out on the airplane and stamped at customs. If planning to intern in Mexico for longer than six months, in addition to a valid passport, visitors are required to fill out an application for a business visit visa, which can be lengthened.

Though there are (mostly business) internships that offer monetary compensation, the majority of internships is not paid.
DURATION OF INTERNSHIPS
Beside country regulations, Politecnico di Milano can only support:

- **STUDENT** (curricular) internships of 12 months (6+6) in the same Company and to be concluded before graduation date
- **GRADUATE** (extracurricular) internships activated within 12 months from graduation and lasting 6 months max

INSURANCE COVERAGE
If your internship is activated through the Career Service of Politecnico di Milano, the Politecnico will provide insurance coverage on accidents and third-party risks only in days and hours of access to Company premises indicated in the Internship Document/Contract. Specific details will be visible on the Internship Document itself or may be required via email.

**PLEASE NOTE:** Graduates are not provided with insurance coverage on accidents in case of internships/business trips outside Europe

MEDICAL COVERAGE
MEDICAL COVERAGE is not issued by Politecnico di Milano:

- For **EU/EEA CITIZEN** leaving for **EU/EEA DESTINATIONS**: normally European Health Insurance Card (TEAM for Italy) is enough if you are an intern in a EU/EEA country member; however, you are invited to check specific regulations for the European hosting Country before leaving.

**PLEASE NOTE:** Each intern may decide to request a private travel insurance, covering medical assistance 24/24 and medical fee reimbursement in case of necessity by taking advantage of the agreement between Politecnico di Milano and EuropAssistance Italia Spa - Gruppo Generali; for further information on costs and procedures: studenti.politecnico.eura@gmail.com

VISA/PERMIT
It is always the hosting Company and the intern’s responsibility to get informed about the proper visa/permit to ask and the procedures to do it. Politecnico di Milano won’t undertake this process; however we are available, if informed on time, to support the request with sponsorship letters or similar